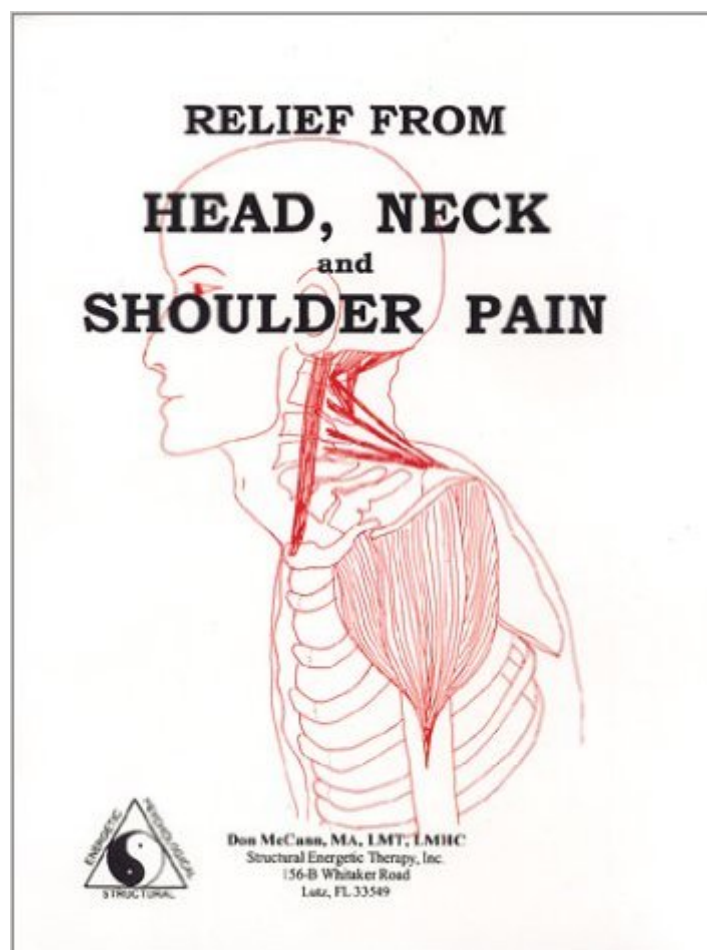


The book was found

Relief From Head, Neck And Shoulder Pain



Synopsis

A comprehensive presentation of the painful conditions found with the head/neck/and shoulders, case studies, stages of rehabilitation, application of therapies, and more. Two complete treatment protocols are presented in text, anatomical illustrations and photos. (1) The first is the Quick Release Technique which incorporates acupressure, trigger point therapy and craniosacral to relieve headaches, release painful spasms, and prepare clients for deep tissue therapy. It is also a complete and unique therapy in itself. (2) The second is a more in-depth and precise deep tissue protocol to very effectively address headaches and other painful soft tissue conditions with the attainable goal of full rehabilitation.

Book Information

Plastic Comb: 77 pages

Publisher: Structural Energetic Therapy, Inc. (July 7, 1999)

ISBN-10: 0970681119

ISBN-13: 978-0970681119

Product Dimensions: 10.8 x 8.6 x 0.2 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #2,565,722 in Books (See Top 100 in Books) #61 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches #1567 in Books > Health, Fitness & Dieting > Alternative Medicine > Massage

[Download to continue reading...](#)

Wrist Pain, Neck Pain - Lower Back Pain - Should Treatments Be Focussed Only To The Area That Hurts?: A Comfortable Healthy Sleep Without Neck Pain And ... Neck Pillow, (Children health care Book 1) Relief from Head, Neck and Shoulder Pain 8 Steps to a Pain-Free Back: Natural Posture Solutions for Pain in the Back, Neck, Shoulder, Hip, Knee, and Foot 7 Steps to a Pain-Free Life: How to Rapidly Relieve Back, Neck, and Shoulder Pain The Pain-Free Program: A Proven Method to Relieve Back, Neck, Shoulder, and Joint Pain Walk Yourself Well: Eliminate Back Pain, Neck, Shoulder, Knee, Hip and Other Structural Pain Forever-Without Surgery or Drugs Neck Check: Chronic Neck Pain Relief Once and For All (Super Spine) Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) The Back Pain Book: A Self-Help Guide for the Daily Relief of Neck and Low Back Pain The 15 Minute Neck Release: Learn How to Quickly Relieve Neck Pain

and Stiffness of a Friend or Loved One Foot Pain: Ingrown Toenail: How To Become Stress Free And Easily Cure This Nasty Nail Disease Today From The Comfort Of Your Own Home (Foot Pain, Foot Problems, Foot Pain Relief, Foot Reflexology) TMJ Temporomandibular Joint Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your Jaw Pain (How to Get Rid of Jaw Pain & Headaches Due to TMJ) Freedom from Pain: The Breakthrough Method of Pain Relief Based on the New York Pain Treatment Program at Lenox Hill Hospital Handbook of Headache Management: A Practical Guide to Diagnosis and Treatment of Head, Neck, and Facial Pain Stop Your Neck Pain And Headache Now: Fast and Safe Relief in Minutes Proven Effective for Thousands of Patients THE ESSENTIAL ACUPUNCTURIST GUIDE TO HEAD AND NECK PAIN: Effectively treat Migra Back Care Basics: A Doctor's Gentle Yoga Program for Back and Neck Pain Relief Joint Pain No More: How to Effectively Eliminate Pain and ease your Aches! (Pain Management, Muscle Pain, sports injury) Defeat Chronic Pain Now!: Groundbreaking Strategies for Eliminating the Pain of Arthritis, Back and Neck Conditions, Migraines, Diabetic Neuropathy, and Chronic Illness 7 Steps to a Pain-Free Life: How to Rapidly Relieve Back and Neck Pain

[Dmca](#)